



Great mental health care is **human**

It's the **trained advisor** who helps when you're too unwell to work and worried about rent.

It's the **therapist** who starts with "What's happened to you?" not "What's wrong with you?"

It's the **kind voice** at the end of the phone.

Find support from Mind:

mind.org.uk/MHAW

11-17 May 2026

