

Get Set to Go Volunteer-participant agreement example



The agreement below was created to help local Minds to agree the boundaries and expectations between volunteers and participants for the Get Set to Go programme.

This agreement will be completed by both of you at your first meeting. It will formalise the boundaries and ground rules of your relationship.

We understand and have agreed that:

- We both aim to keep session appointments, to be on time and let each other know in good time if session appointments cannot be kept.
- We will bring the specific equipment required for the session (bottle of water, Training Plan and comfortable, clean sport kit).
- If another arrangement is made (like swapping mobile phone numbers) contact will only be by text message and during 9-5 office hours. The text will only contain details of the meeting to be arranged or rearranged.
- The relationship is solely for support into being more active. [\[Insert project name\]](#) is not offering general mental health support, it is not a crisis service and does not provide support with benefits, housing or family issues. Home telephone numbers or addresses should not be exchanged and volunteers and participants should not transport each other in vehicles.
- No financial assistance is to be requested or given by either the peer volunteer or participant.
- We will inform the office if we cannot make an appointment unless we can come to another agreed arrangement.
- We fully understand the role of the peer volunteer and agree not to compromise them by asking them to do something that is not part of their role.
- We understand that the peer volunteer is not an expert and that if something arises outside of their expertise or knowledge they may need to ask if they can signpost the participant to someone who will have that knowledge.
- The peer volunteer and participant will treat all sensitive information shared between each other as confidential. Confidentiality will only be broken if either the participant or peer volunteer discloses information that poses a danger to themselves or others. In this instance a member of staff will be informed as soon as possible.

- We understand that the peer volunteer will keep a record of our sessions and receive supervision from [insert organisation's name]'s staff.
- If pictures are taken of the participant or volunteer that will be used to market [insert project name] then it is the responsibility of the [insert job title of member of staff] to obtain written consent from everyone featured before the image can be used in promotional materials.
- We understand that the partnership will come to an end after an agreed time.

Additional boundaries we would like to include in the agreement can be added in the space below.

Participant Name: _____

Signed: _____

Volunteer Name: _____

Signed: _____