

Role description: Mind in London Lived Experience Advisory Group member

Are you passionate about representing people's mental health needs in London/your community? Would you like to be part of an advisory group for our partnership of local Minds across the capital?

At Mind in London, we're currently recruiting 15 people to form a new group that can help influence decisions about services and policies that impact on those of us who experience mental health problems.

What we are looking for people with:

- Lived experience of mental health problems
- Either the experience or desire/ability to influence policy and practice across mental health services
- The ability to attend online meetings/discussion groups
- The ability to speak and share ideas in a group
- Experience or knowledge of using a specific service e.g. counselling services at particular time of life e.g. when you were a student, when you became a mother
- The ability to access and use online platforms such as Zoom
- The ability to travel to meetings (once permitted)
- The ability to access online documents to independently read documents in preparation for meetings.

We are particularly interested in hearing from people from the following groups so we can include a range of experiences:

- Young people (18-25)
- People from BAME communities
- People from LGBTQI+ community
- People with long-term health conditions/or physically disabled
- People with experience of caring for someone with a mental health problem.

What we offer:

- A safe space to share ideas and influence decisions about mental health services, campaigns and policy across London, using your voice of lived experience

- A platform to feed your ideas on the opportunities (including funding) for projects and services for the Mind in London collective of 18 local Minds
- Feedback on the impact from your involvement and participation
- Payment of £30 per meeting to include any reading and preparation time for meetings (plus any travel expenses incurred)
- An opportunity to develop skills and experience in: presenting ideas to a group; interacting with other people in a group situation; reading and reflecting; communication skills; listening skills; sharing experiences and learning.

What we ask from you:

- Attendance at four meetings per year – with the first meeting to be scheduled at the end of April
- Each meeting will be during the day and will be no longer than two hours in length
- Any reading documents for the meeting will be sent out a week in advance.

The deadline for applications is: **5.00 pm 12 March.**

We will contact shortlisted applicants by **25 March.**

Informal interviews will take place via Zoom or over the phone, on **30/31 March.**

We may not be able to reply to everyone who applies, so if you have not heard from us by 30 March, then please assume that you have not been selected on this occasion. We would like to emphasise, that as we are looking to select a group that represents a range of experiences and communities, not getting chosen may not be a reflection on your experience or knowledge.

For any information about the role, please contact:
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