

Blue Light Programme Blueprint



Step-by-step guide to setting up and delivering Blue Light Programme activity

First steps				Service delivery																
Use toolkit	Your blue light service	Recruit key roles		Blue Light Time to Change pledge		Programme delivery begins	First engagement			Training	Awareness			Ongoing support		Sustainability				
		Champions	Line managers	Staff or volunteers	BL Internal Coordinator		Working group	Local Mind (funded)	Local Mind (non-funded)	Champions	Line managers	Staff or volunteers	BL Internal Coordinator	Working group	Local Mind (funded)	Local Mind (non-funded)	Champions	Line managers	Staff or volunteers	BL Internal Coordinator
		Write action plan	Plan pledge signing	Action comms plan		Overseeing training and process coordination	Planning training	Ensuring resources are accessible	Coordinate	Mental health days	Coordinating activities	Support events	Signposting	Ensuring resources are available	Supporting Champions	Networks and regional connections	Supporting other services	Mind's Workplace Wellbeing Index		
		Sign off and accountability	Consider setting up a Blue Light Mental Health Network			Review action plan	Approve budget	Authorisation of training	Quality assurance	Support coordinator	Continued support of service and sustainability		Support Blue Light Internal Coordinator	Continued support of service and sustainability		Further policy change				
		Supporting writing of action plan and development of comms plan				Guidance and advice			Deliver and evaluate	Coordinating network events	Expertise	Attending service events	Expertise		Further support					
						Information and signposting			Deliver training				Information and signposting							

Step-by-step guide to setting up a local Blue Light Mental Health Network

First steps				Service delivery													
Use toolkit	Your blue light service	Contacting other local services to form a network		Network delivery begins	First engagement			Training	Awareness			Ongoing support		Sustainability			
		BL Internal Coordinator	Steering group		Local Mind Coordinator	Your blue light service	BL Internal Coordinator	Steering group	Local Mind Coordinator	Your blue light service	BL Internal Coordinator	Steering group	Local Mind Coordinator	Champions	Line managers	Staff or volunteers	BL Internal Coordinator
		Contacting local Mind and Blue Light Internal Coordinators from other services, and appoint relevant person or people to sit on the steering group			(Blue Light Internal Coordinator should sit on steering group)		Advertising cross-service training internally to all staff	Promoting cross-service events internally			Maintain network relationships		Leading on embedding actions from steering group internally				
		Appointment to steering group			Monthly or quarterly meetings		Committing to releasing staff for cross-service training	Sharing best practice			Reviewing policies and procedures		Producing a joint strategy				
		Producing terms of reference for network steering group	Organising first steering group meeting and admin			Identifying support needs of the services signed up to the network	Organising and delivering training	Promoting training opportunities and other network-related activities			Continuing to enhance support to network services		Linking with other networks across the country				

Go to mind.org.uk/BlueLightBP to get started or visit Open Hub if you're a local Mind



Blue Light Programme Blueprint Pack: Part Two

