# Application Form

## Personal Information:

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| Full Name: | Click or tap here to enter text. |
| Phone No: | Click or tap here to enter text. |
| Email: | Click or tap here to enter text. |
| Postcode: | Click or tap here to enter text. |
| Do you have any preference for how / when we can contact you? E.g do not call between 9am-5pm, prefer email | Click or tap here to enter text. |
| Are you able to commit at least 3.5 hours per month for 6 months starting in October 2022? | Yes [ ] No [ ]  |
| Are you currently taking part in any other lived experience work with Mind, the Trussell Trust or Citizens Advice? If yes, please provide details | Click or tap here to enter text. |

## Your Experience:

The questions in this section are about your lived experience of mental health problems and financial hardship. Please share as much or as little as you feel comfortable with.

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| Why would you like to be part of the advisory group? (max 150 words) |
| Click or tap here to enter text. |
| Which of these best represents your experience of mental health problems? Please tick all that are relevant. |
| I have personal experience of mental health problems [ ] I am a family member / friend of somebody who has experienced mental health problems [ ] I care or look after someone who has mental health problems [ ] None of the above [ ]  |
| Do you have your own experience of financial hardship?This might involve not being able to heat your home, pay your rent, or buy the essentials. It might also mean facing difficult or impossible decisions about money. |
| Yes [ ] No [ ]  |
| Do you have recent experience (within the last 5 years) of any of the below? Please tick all that are relevant. |
| Accessing mental health support [ ] Accessing a food bank [ ] Accessing advice services, e.g citizens advice service [ ]  |

## Your Skills:

This section is a chance for you to tell us about your skills. Remember to look at the role description for the skills that we are looking for.

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| What skills do you think you could bring to the role? (max 150 words) |
| Click or tap here to enter text. |
| Have you been a member of a lived experience group before? |
| Yes [ ] No [ ]  |
| If your answer to the above was yes, please **briefly** tell us what this involved (max 50 words) |
| Click or tap here to enter text. |

## Supporting you to participate:

This section will help us understand how we can support you to participate fully in this opportunity.

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| If you require adjustments to participate in this group let us know here. Examples might include:* A British Sign Language Interpreter
* More time to complete certain tasks, e.g reading long documents
* Documents / resources on coloured paper of your choice
 |
| Click or tap here to enter text. |

## Submitting your application

Please send your completed application, along with the demographic monitoring form to hthlocal@mind.org.uk by **Friday, 23 September 2022.**

We will be selecting the group based on your application form, diversity monitoring information and location, to make sure the group represents a diverse cross-section of society across England and Wales.

We will let you know via email if you have been successful by **Friday, 30 September 2022.**

If you’re not selected this time, there will be other ways to participate in this project in the future. Please tick below if you’d like us to get in contact when there are other opportunities to share your experience and help shape our work:

[ ]  Please contact me for other influence and participation opportunities connected to this project