

How to organise a Quiz Night

Quiz Nights are a great way to get people together to raise money for Mind. Find out who's the office mastermind and who is more like the weakest link with this simple step-by-step guide.



When and Where?

Set a date and a venue to host your event. For example, you could use a pub, social club or a local community centre.

Invite

Send out invites early and spread the word about your quiz night by advertising on your company's intranet, through social media or putting up posters.

Set a theme

Decide on the type of quiz you want to hold. You could have a theme (for example, a music or movie quiz) or you could just have a general knowledge quiz. Make sure you try and match the questions to your audience; around 60 questions is a good amount to have.

Find a Quizmaster

Find a confident and charismatic quizmaster who can hold the attention of the room. Ensure that they understand the questions they are asking.

Sign Ups

Ask people to sign up in teams (minimum of 2 people, maximum of 8) and ask them to think of team names – the funnier the better!

Fundraise

Ask each team or individual to pay an entry fee. The winning team will win a prize; as it's a fundraiser most people will be happy with a token prize, such as a bottle of wine.

Additional Ideas

You could boost donations by finding other ways to fundraise on the night such as food, a raffle or a tombola. Why not increase fundraising by enforcing fines for people caught using their phones?

Enjoy

Have fun and enjoy yourself!

mind.org.uk

Mind (the National Association for Mental Health) Registered Charity No. 219830

