



## **Young People and Racial Trauma Project – Partner brief**

### **The Opportunity**

We are excited to share our new opportunity to fund and work alongside an organisation who would like to expand their work with young people who are impacted by racial trauma.

We are looking to support an organisation working with young people of colour from Black and Asian backgrounds, and other racialised groups, who have experienced poor mental health due to racism, discrimination and its traumatic impact.

We want to work together to provide a creative and innovative space for young people of colour to research and generate ideas. We hope this space will enable them to propose ways to support their mental health, and that of other young people who have experienced racial trauma.

We want to establish a truly collaborative working partnership and want to decide with you from the start how this will work. This includes:

- deciding together how the work is shared
- how we spend our shared budget
- how we work with and support the young people who will lead the project.

Mind's ambition is to become a truly anti-racist organisation and an unflinching advocate for racial justice and mental health. We're only at the start of this work and recognise that we have a long way to go. We hope that this work will create and strengthen our relationships with community organisations and provide rich insight into how young people who have experienced racial trauma want to be supported by us.

[Find out more about Mind's strategic commitments around race.](#)

Sony's Social Justice fund has made this possible and we will be working with them closely to explore further funding opportunities for this work beyond this initial project.

### **Deliverables**

How we work together will be decided collaboratively however there are some guiding outcomes that we will base the project on:



1. One or more proposals for mental health solutions to improve the mental health of young people aged (15-24) who have experienced racial trauma.
2. Peer led design-research into the lived experience intersection between racism and mental health.
3. Improved social outcomes for 5-7 young people with lived experience of racism and mental health problems, who have co-produced the proposals as peer designers.

### **About you**

We are looking for an organisation or group who:

- focuses their work on supporting those from racialised communities and has a majority of governing members that are part of those communities
- has experience working with young people and their lived experience of race, wellbeing and mental health
- is demonstrably engaged with a community of young people who have experienced racial trauma
- is committed to community-led development and has a participatory approach that puts people with lived experience at the heart of programme design and decision-making.

### **What Mind can offer you**

- Core funding for your organisation of up to £30,000.
  - A shared budget of approx. £35,000 to research, design, develop and test ideas led by young people.
  - A fully funded project lead role working across our two organisations.
  - Optional service design support from our development teams and service design lead.
  - Optional support from our research and evaluation team.
  - Access to our local Mind network and wider connections.
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- Further funding opportunities from our Race Equity partnerships work.

## **Timelines**

We will be looking to start working with a partner as soon as possible, although appreciate that set up can take some time. The project will run until April 2023.

Key dates are as follows:

Webinar to find out more about the opportunity – **19 May 2022**

Expression of interest deadline – **30 May 2022**

Presentations and conversations with shortlisted organisations – **w/c 20 June 2022**

Project end – **April 2023**

## **Tell us you're interested**

If this sounds like an opportunity you're interested in, then we would love to hear from you.

We've put together a form to get some more information about your organisation, the communities you work with and your interest in this work. Please fill this in and send it to [cyp@mind.org.uk](mailto:cyp@mind.org.uk).

The deadline for sending this to us is **10:00 on 30 May 2022**.

We have organised a group online session on **19 May 2022 at 11am – 12pm** for you to talk to us about the project and ask any questions you may have. If you're hoping to apply it would be great to see you there. You can register for it through [this link](#).

You can also request a 1-1 chat with one of our team to talk through any ideas or questions. Get in touch with us at [cyp@mind.org.uk](mailto:cyp@mind.org.uk) to arrange.

After the deadline we will be reviewing the expressions of interest with our young people's panel and will invite a selection of organisations to have a conversation with us to discuss the project further. This conversation will include a short section where we would want to hear from you around your vision and ideas for the project. More guidance around the conversation will be provided to organisations that are shortlisted.