

Length of time it will take: 30 minutes to make 5 cards



Crafty

shopping list

Finger paint Christmas cards

These cards are quick and easy to make, even for little hands. Think about who you would like to send a card to and make it personalised for them.



How to make

- Place the newspapers or old tablecloth that you don't mind getting messy, on your table for protection before you get started.
- 2 Decide which design you'd like to make from the ideas on this template, remembering to dab a bit of water on the colour of your choice.
- **3.** Swirl your finger in the paint and pick up some colour on your finger.
- **4.** Press your finger firmly onto the card and lift off the paper.
- 5. Repeat as many times as you wish, remembering to wash your finger in the water and wipes before changing colours.
- 6. When the paint has completely dried, take your coloured pens to decorate your card and make it come to life.
- Write a Christmas message on the front if you wish, in your neatest handwriting. Check out the Craft Cupboard (mind.org.uk/craftcupboard) for our hack on how you can create your own fake calligraphy.
- 8. Sit back and marvel at your one-ofa-kind Christmas card. Don't worry if it's not 100% perfect, it adds to the handmade look! The lucky person to receive it will feel all warm and fuzzy that you took the time to make it especially for them.
- Take a photograph of your crafty creations and post them on Twitter Facebook or Instagram, with #crafternoon and @MindCharity

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Crafty variations

Now that you have the materials, you can use finger painting to make the rest of your Christmas wrapping:

Wrapping paper

Take some brown paper and create a pattern of a finger paint design for unique, homemade wrapping paper.

Place settings

Take some card and fold in half. On one side add a finger paint design and write on the name. Repeat for all of your guests and place one at the top of each plate.

Gift tags

Cut some card into a rectangle and hole-punch one corner. Add a finger paint design and write on the name. Take some twine or ribbon and feed through the hole and tie it to a wrapped gift. andrew