**Mental health champions action plan template**

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| Scheme | Community or workplace mental health champions scheme |
| Lead person |  |
| Date updated |  |

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| Activity description | Lead person | Who can support | Timeline/deadline | Performance indicator (KPI) | Progress update |
| **Design and planning**  For example • Co-design workshop |  |  |  |  |  |
| **Developing** For example • recruitment process • assessment panel • support for champions |  |  |  |  |  |
| **Delivering**  For example • announce champions • activities they will deliver  including when and where • ongoing support for  champions |  |  |  |  |  |
| **Reviewing**  For example • annual meeting or survey  • collating impact of the champions scheme |  |  |  |  |  |