

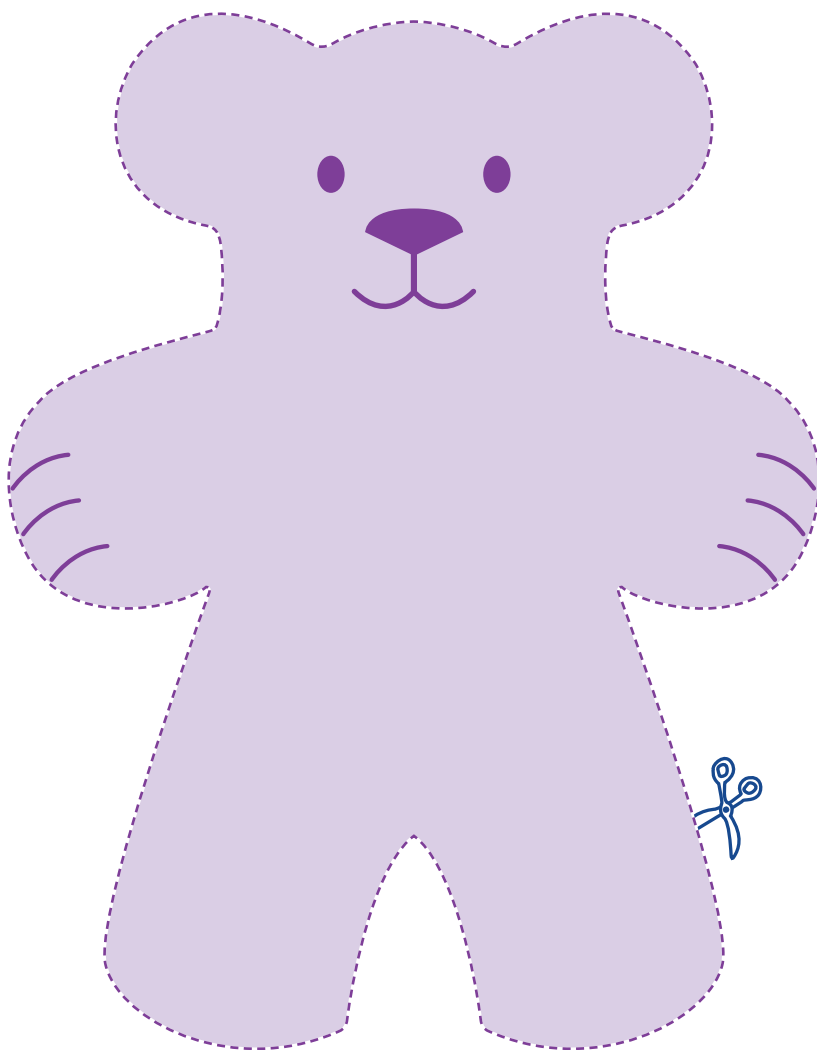
Difficulty rating: medium

Length of time it will take: around 2 hours

Bear in Mind - for little hands



Get crafty as you make this easy and fun version of our adorable felt Bear in Mind! Or turn over and get colouring in with our simple kids colouring template.



Before you start crafting

Parents or guardians: cut around the --- lines on the bear template. Then pin the paper template to a piece of felt, and cut out two felt shapes for your little crafters to start them off.

Crafty shopping list

- Felt or thick fabric
- Fabric glue
- **Stuffing:** (recycle old pillows, old wool or scraps of material or buy polyester fibre fill or natural fibre toy filling from craft stores))
- Colouring pens, sequins, pom-poms, other decorations
- See our suggested shopping list online at mind.org.uk/craftcupboard

How to make

1. Use fabric glue to attach the two bear shapes. Put a line of fabric glue all the way around the body of one of the shapes, and leave a gap where the head is for the stuffing.
2. Press the two halves of the bear together and leave them to dry.
3. While the glue is drying, it's time to decorate the front of your Bear in Mind. Stick on sequins for the eyes or draw them on with a marker pen, get creative and make it your own!
4. Poke the stuffing in through the gap. (Use a pen to help push the stuffing into the ears and arms!)
5. Use a final line of fabric glue to seal the gap shut.
6. Step back and admire your Bear in Mind!

Colour in your Bear in Mind

Very little hands might like to colour in this friendly bear



Thank you for taking part in Crafternoon. If you have any feedback about your Crafternoon, what went well or ideas on how we can make it better, we'd love to hear from you. Email: crafternoon@mind.org.uk or telephone: 0300 999 3887.

