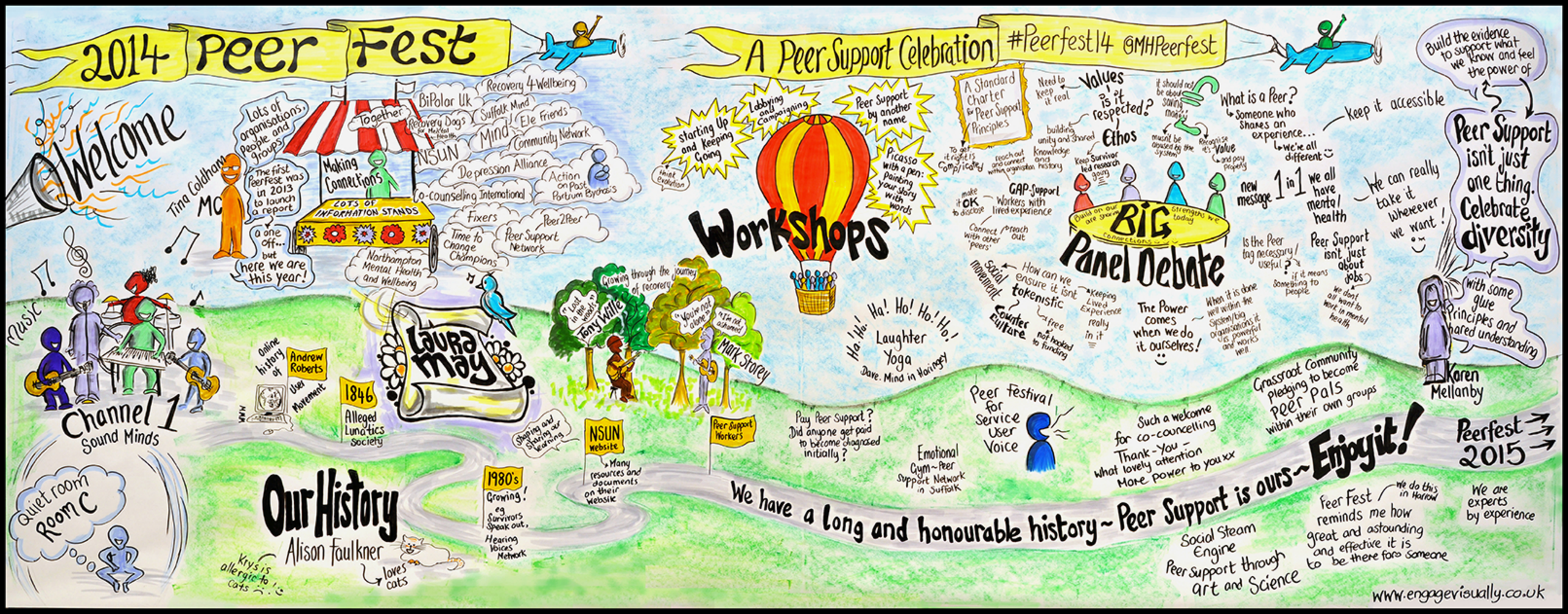

2014 Peer Fest
A Peer Support Celebration
#Peerfest14 @MHPeerfest
Welcome
Tina Coldham MC
Lots of organisations, people and groups
The first PeerFest was in 2013 to launch a report
a one off... but here we are this year!
Together
Making Connections
LOTS OF INFORMATION STANDS
BiPolar Uk
Recovery 4 Wellbeing
Recovery Dogs for Mental Health
Suffolk Mind
Ele Friends
NSUN
Mind
Community Network
Depression Alliance
Action on Past Partrum Psychosis
Co-Counselling International
Fixers
Peer2Peer
Time to Change Champions
Peer Support Network
Northampton Mental Health and Wellbeing
Music
Channel 1 Sound Minds
Quiet room Room C
Online history of Andrew Roberts
User Movement
1846 Alleged Lunatics Society
Laura May
Growing through the journey of recovery
"Last in the woods" Tony Wille
"You're not alone"
"I'm not ashamed"
Mark Storey
Shaping and Sharing our learning
NSUN website
Many resources and documents on their website
Peer Support Workers
1980's Growing! eg Survivors Speak out, Hearing Voices Network
Our History
Alison Faulkner
Krys is allergic to cats
loves cats
Starting Up and Keeping Going
Hint evolution
Lobbying and Campaigning
Peer Support by another name
Picasso with a pen: Painting your story with words
Workshops
A Standard Charter for Peer Support Principles
To get it right is complicated
Need to keep it real
Values is it respected?
building unity and shared knowledge and history
reach out and connect within organisation
Ethos
Keep Survivor led research going
it should not be about saving money
must be abused by the system
Recognise it's Value and pay properly
What is a Peer?
Someone who shares an experience...
we're all different
Keep it accessible
new message 1 in 1 we all have mental health
We can really take it wherever we want!
Build the evidence to support what we know and feel the power of
Peer Support isn't just one thing. Celebrate diversity
with some glue principles and shared understanding
Karen Mellanby
make it OK to disclose
GAP-Support Workers with lived experience
Connect with other 'peers'
reach out
Build on our strengths we are sharing today
BIG connections
Panel Debate
Is the Peer tag necessary/useful?
if it means something to people
Peer Support isn't just about jobs
We don't all want to work in mental health
Social movement
How can we ensure it isn't tokenistic
Keeping Lived Experience really in it
Counter Culture
free
not hooked to funding
The Power comes when we do it ourselves!
When it is done well within the system/big organisations it is powerful and works well.
Ha! Ha! Ha! Ho! Ho! Ho!
Laughter Yoga
Dave. Mind in Haringey
Pay Peer Support? Did anyone get paid to become diagnosed initially?
Emotional Gym ~ Peer Support Network in Suffolk
Peer Festival for Service User Voice
Such a welcome for co-councelling
Thank-You - what lovely attention
More power to you xx
Grassroot Community pledging to become Peer Pals within their own groups
Peerfest 2015
We have a long and honourable history ~ Peer Support is ours ~ Enjoy it!
Social Steam Engine
Peer Support through art and Science
Feer Fest reminds me how great and astounding and effective it is to be there for someone
We do this in Harrow
We are experts by experience
www.engagevisually.co.uk