

# Women Side by Side

## Funded work

### 1. Peer Support Projects: enabling direct peer support with women

#### England

##### East Midlands

Organisation	Project name
New Dawn New Day Ltd	New Directions
S.H.E. UK	Peer mentor and confidence building for service user-led courses
Nottingham Women's Centre	Headspace
Shama Womens Centre	Supporting Hearts and Minds
Women's Aid Federation of England	Strengthening the Survivors' Forum

##### East of England

Cambridgeshire Peterborough and South Lincolnshire Mind	Empowering Women
Cambridge Women's Resources Centre	Cambridgeshire and Peterborough Women's Peer Support Project

##### London

All Change Arts Limited	Power Up
Centrepont Soho	The U.G.L.Y. Tribe
Powerhouse for Women	Powerhouse Peer Mentoring Project
Mother and Child Welfare Organisation	Hadalka Project
Hear Women	Cook and Talk: A Happiness Corner
Clean Break	Health and Wellbeing Group
Positively UK	Positive Talks
Ethiopian Women's Empowerment Group	Peer Empowerment Project
Migrants Organise	Peer Support for Migrant Refugee and Asylum Seeking Women
JAN Trust	I Can, You Can
Women's Health and Family Services	Specialist Mental Health Maternity Mates
Salamander Trust	4M for Mental Health: Mentor Mothers
St Mungo's	Peer Facilitators Course

### North East

Apna Ghar Women's Centre	Women Supporting Women
Rape and Sexual Abuse Counselling Centre (Darlington and County Durham)	RSACC Peer Support
My Sisters Place (providing peer support)	Stepping Stones
Tyneside Women's Health	Linked Women
Changing Lives	Women in Recovery Together

### North West

42nd Street	Young Women's Peer Support Project
The Happy Mums Foundation CIC	#MumsTogether
Independence Initiative Ltd	Independent Women
Breakthrough UK	Breakthrough UK Disabled Women's Peer Support Project
Swan Womens Centre	SWAN Together project
Stockport Women's Centre	Together We Will Peer Support Project
Trafford Domestic Abuse Services	Women Peer to Peer Support Circles
Family Action	Mothers Together

### South East

Recovery Partners	Mother Lode
Trinity Winchester	Arty-IT & Crafty Cafe
North Kent Mind	The Circle
Pink Gym	Me Time Peer Group
SATEDA	Peer Support Programme
Wycombe Mind	WRISE - Women, Recovery, Inspiration, Support and Empowerment

### South West

Plymouth and Devon Racial Equality council	Women's peer mentoring group
Home-Start North Somerset	Mums in Mind
The Nelson Trust	Empower Project
One25 Limited	Peony Support Service
Swindon Womens Aid	SWA Peer Support Network
Trevi House Ltd	The Pollinator Peer Project
Hometruths Co-operative Limited	Speaking Our Minds

### West Midlands

Staffordshire Women's Aid	Sistergood
Kairos Women Working Together	Kairos Peer Support Groups



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Ekta-Unity Voluntary Organisation	Peer Support Project
Cohort 4	I Can.....
Ideal for All Ltd	Working title - 'Thyme for Us'
Aspiring Futures CIC	Women With Women

### Yorkshire and the Humber

WomenCentre Limited	Safer Women
Support After Rape & Sexual Violence Leeds	Share, Care and Create
Leeds Survivor Led Crisis Service	Mental Health Peer Support Group for women from BAME Groups

### Wales

Mid Powys Mind	Women in Mind
Welsh Institute of Therapeutic Horsemanship	The Alpha Mare Course
Vesta - Specialist Family Support CIC	Support for Polish women
Inside Out Cymru	Women Supporting Women
Ystradgynlais Mind	Wise Women Workshops (W3)
Carmarthen Domestic Abuse Services	Looking Ahead
Cardiff People First	Wishing Well
Race Equality First Ltd	Healthy Minds
Mental Health Foundation	Perthyn Newport Project
Action on Postpartum Psychosis	South Wales ActionOnPP
Home-Start Blaenau Gwent	The Blossom Project
Threshold Das Limited	Only Women ALOUD
Denbighshire Home Start	Home Start Mental Health Peer Support

## 2. Hubs: strategic capacity building and influencing

### Collectively covering England

Lancashire Women	covering North West and West Midlands
My Sisters Place	Middlesborough-based, covering North East, East Midlands, Yorkshire and the Humber
AVA (Against Violence and Abuse)	London-based, covering South West and London

### Wales

Swansea Women's Aid

### National Hub

To be announced: with a focus on BAME and other minoritised women



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