

7 days is too long to wait for follow-up when you leave hospital after a mental health crisis

Last year, more than

100,000

spent time in hospital for a mental health problem

1 in 10

people still haven't been followed up a week after leaving hospital



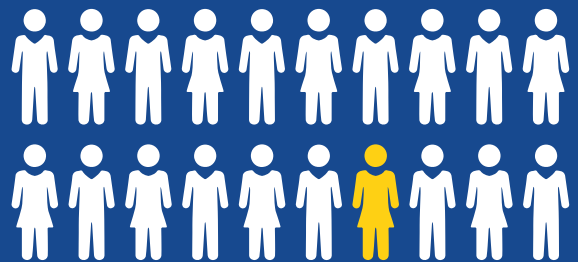
People are most at risk on

day 3

after leaving hospital

1 in 20

No. of people who end up back in hospital within 30 days



People who aren't followed up within a week are

2x more likely

to try and take their own life

We're calling for everyone to be followed up within 48 hours