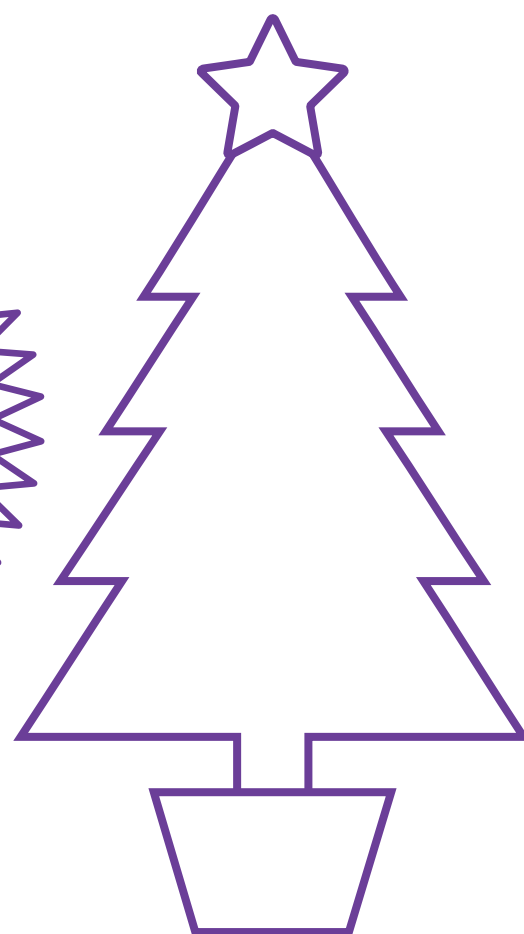
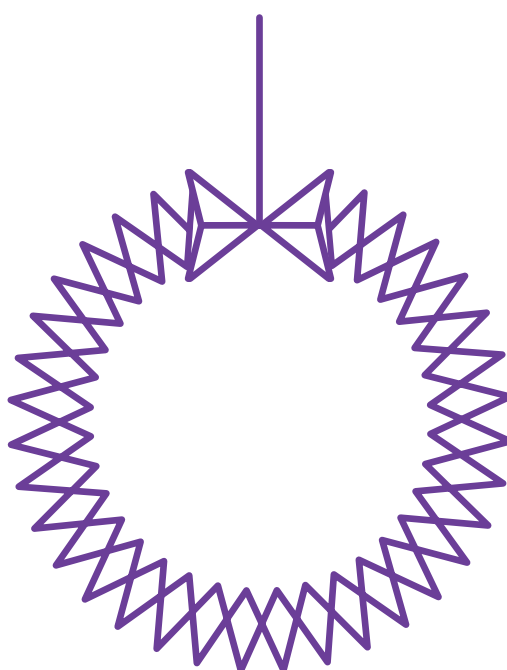
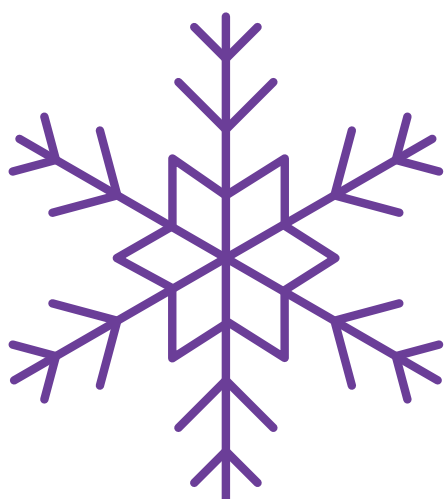


Difficulty rating ❄️❄️❄️❄️❄️

Length of time it will take: 30 minutes

# Hand-stitched Christmas cards

These unique cards bring classic Christmas designs up to date and are sure to make your loved one's Christmas extra special. Even better, they're really easy and fun to make.



## Crafty shopping list

- Blank cards
- Embroidery thread and a needle
- Scissors
- Blu tack
- Cork mat (optional)
- See our suggested suppliers list online at [mind.org.uk/crafternoon](https://mind.org.uk/crafternoon)

Crafternoon



# How to make



1



Cut out your chosen design from the front of this template, leaving a box of white space around it.

Place the design on top of a blank card. Make sure it's straight, and use blu tack to fix it temporarily in place.

Take a photo of these instructions first so you can refer back to them, or find them online at [mind.org.uk/Crafternoon](http://mind.org.uk/Crafternoon).

Top tip

2



Using a needle, punch holes for your thread through the front of your card using the design as a guideline.

Make holes at every corner and every join between two lines.

Place a cork mat inside the card to stop the needle piercing the back.

Top tip

## Crafty variations

Thread carefully placed beads into your design to add berries to your Christmas wreath, or colourful baubles to your tree!

3



Remove your paper design and the blu tack. Thread your needle with embroidery thread and tie a knot at one end.

4



Using a back stitch, start connecting the dots. Use the design to guide you. Once complete, secure at the back with another knot.

5

You've finished! Time to finish it off with a Christmassy message, and send on to someone special.



Thank you for taking part in Crafternoon. By fundraising at your Crafternoon you're helping us to make sure no one has to face a mental health problem alone.

If you have any feedback about your Crafternoon, we'd love to hear from you.

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Telephone: 0300 999 3887