

## Royal Garden Party

To celebrate their Queen's Award for Voluntary Service representatives of Winthrop Park enjoyed a royal visit to Buckingham Palace. The Nature Therapy gardens in Wickersley won the prestigious award in June, and were invited to attend the Queen's own Garden Party.

"It was an amazing day to remember", said Robert Wright, Winthrop Park's manager, "and brilliant to be inches away from the Queen". Trustees Carol and David Bowser were also accompanied by the charity's longest serving volunteer Pauline Lee.

The Award was given in recognition of the hard work and dedication of all the volunteers at Winthrop Park who have created a haven of sensory gardens with facilities for the disabled and elderly from a former derelict sewage treatment works. Winthrop Park is expanding its charity work and engaging more volunteers by developing outreach and enterprise activities under an Ecominds Project, with "Mind How You Go" series of countryside walks and activities to get people practically involved in healthier lifestyles. "As well as helping people with physical disabilities and illnesses such as cancer and strokes, we are now helping tackle mental distress issues by encouraging positive attitudes and activities encompassing nature and the environment", said trustee David Bowser, "and in the present economic and social climate the well being of mind, body, and soul is vital to empower individuals and communities to maximise their potential."

More information can be found on the charity's web-site at [www.winthropark.co.uk](http://www.winthropark.co.uk) , contacting them on 01709-709335, or e-mailing them at [enquiries@winthropark.co.uk](mailto:enquiries@winthropark.co.uk)



Picture: Bucking Palace Garden Party - (left to right): David and Carol Bowser, Pauline Lee, Robert Wright.